

ELLINA WATANABE

HUMAN ESSENCE AND
EXECUTIVE COACH

BACKGROUND



Ellina is Human Essence and Executive Coach, living her purpose to honour the essence in all and be a gentle and empowering force to bring it forward. She is on a mission to transform leadership narrative from mind-driven to essence-driven.

Ellina believes that intelligence, experiences, and skills only inform who we are as individuals and leaders, but the core message ultimately comes from within and it needs to be authentic, aware, and aligned. By not coming face-to-face with our essence and not recognising and owning our limited beliefs, fears, doubts, and worries, we deprive people around of the best we can offer them. And our humanness is the absolute richness.

Ellina coaches towards becoming more reflective, self-aware leaders, who in turn create more mindful organisations.

She is fluent in English, Russian, Japanese, and French and has a unique international experience to bring to any engagement with more than 10 years in the corporate marketing and entrepreneurial roles.