

# JO ROBERTS

EXECUTIVE COACH

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## BACKGROUND

Jo is an accredited coach with a long-term business background and blends a rare combination of practical business skills with an intuitive flair for developing people.

With many years' experience leading teams in blue-chip corporate, Jo was recognised for having an affiliative and coaching style of management. Consequently, Jo trained as an internal Leadership Coach and facilitator to work with senior management focused on culture change within the organisation. With unique insights and inspired by her experiences Jo moved on to work independently in 2019. She has subsequently completed extensive post-graduate coach training.

With trust and authenticity at the heart of her work, Jo aims to create an environment in which clients can truly be themselves, discover fresh perspectives and promote more inspired thinking. Jo's work is based on her belief that everyone has the inner resources and ability to develop and evolve to become the best version of themselves. Working with individuals' needs Jo supports clients to manage their challenges, grow into their potential and make a positive difference in their lives and in their roles.